National Library of Addictions Launches Mother Power Organization with Inaugural Brunch

Support group empowers mothers of addicts struggling with their children's substance abuse issues

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MA—October 26th, 2009— The
National Library of Addictions (NLA),
an intellectual gathering place for health
care professionals and community
members working to overcome the
effects of addictions, launched its
Mother Power Organization with an
inaugural brunch on Saturday, October
24th, at the Taj Boston Hotel. The
Mother Power Organization will serve as
both a support group for mothers
struggling with the loss of a child, the incarceration of a child and the
overall grief of their children falling victim to substance abuse, as well as
an activist group that organizes the community to vie for change.

"It is sometimes easy to overlook the pain and suffering mothers endure silently when their children fall victim to substance and alcohol abuse," said NLA Founder Dr. Punyamurtula S. Kishore. "The Mother Power Organization will provide an avenue for mothers to become empowered in helping their children find a life of sobriety. In the saddest cases, it will also help mothers find comfort and belonging when substance abuse claims their children."

At the inaugural brunch, the mothers met with NLA Ambassadors, a group of recovering substance abuse addicts, to share their stories and create a <u>support system</u> with each other. The mothers also discussed their desired goals for the organization and designed an action plan for recruiting other mothers with children battling drugs and alcohol within their communities.

The Mother Power Organization also welcomed key Preventive Medicine Associates (PMA) staff and providers to the meeting to discuss ideas and goals with the mothers. PMA is a group of family practices located throughout Massachusetts focused on bringing the best care to their patients and community.

Mothers who would like more information, or who are interested in joining the coalition, please call 1-800-770-1904.

About the National Library of Addictions

Founded in 1993 by Dr. Kishore, the Brookline-based National Library of Addictions is a not-for-profit, intellectual gathering place for health care professionals and community members who are working to overcome the effects of addictions. The Library serves as a research facility, continuing medical education institute, and gathering place for professionals to exchange ideas and develop treatment methodologies.

About Preventive Medicine Associates

Preventive Medicine Associates is a group of family practices located through Massachusetts, focused on bringing the best care to their patients and community. Their doctors and staff are trained in the diagnosis and treatment of numerous diseases and conditions, and manage both common and complex problems. They are also trained to prevent, diagnose and treat a wide variety of ailments affecting patients of all ages. Preventive Medicine Associates doctors work in the science of protecting and improving the health of communities through education, promotion of healthy lifestyles and research for disease and injury prevention.

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